**OUTCOMES**

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| **Personal** | **1-10** |
| Knowing where to go to find information and advice |  |
| Receiving information and advice that is the right amount and easy to understand |  |
| Knowing where to get information and support to access benefits |  |
| Getting enough information to be able to decide what services in the community I want to access |  |
| **Community** |  |
| Feeling included and connected to the communities of my choice |  |
| Accessing social activities that I enjoy |  |
| **Care and Support** |  |
| Being supported to have a good day |  |
| Having my needs are met in a way which respects my lifestyle choices, beliefs and dignity |  |
| Feeling independent and able to make informed choices |  |
| Feeling listened to |  |
| Being supported to know my rights in relation to my care and support |  |
| Care and support is flexible and reliable |  |
| Knowing how to access help and support |  |
| Knowing the services that I use share my information safely and correctly |  |
| Being confident that staff and volunteers are well trained |  |
| **Health** |  |
| Being supported to live safely and independently |  |
| Not feeling lonely |  |
| Being able to meet with friends / social |  |
| Feeling valued |  |
| Feeling able to deal with an emergency |  |
| Being able to carry out everyday activities that I choose |  |
| Being supported to improve my mobility and confidence |  |

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| **Dementia Specific** | **1-3** |
| Having enough information about my condition, and its impacts on me |  |
| Knowing where to get support from when I need it |  |
| Feeling supported by the community |  |