APPENDIX 2

Best start in life and beyond

This appendix outlines the evidence and impact guidance to support effective local delivery to improve outcomes and reduce inequalities of children and young people's services aged 0-19.

Evidence and NICE guidance

- Rapid Review to Update Evidence for the Healthy Child Programme 0–5 (Public Health England, 2015)
  https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/429740/150520RapidReviewHealthyChildProg_UPDATE_poisons_final.pdf
- Healthy Child Programme – Pregnancy and the first five years of life (DH, 2009 – amended August 2010)
  https://www.gov.uk/government/publications/healthy-child-Programme-pregnancyand-the-first-5-years-of-life
- Better health outcomes for children and young people (Pledge)
  https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/207391/better_health_outcomes_children_young_people_pledge.pdf
- The Children and Young People's Health Outcomes Strategy (DH, 2012)
  http://www.chimat.org.uk/cyphof
- Allen, G. (2011a) Early Intervention: The Next Steps. HM Government: London
  http://preventionaction.org/sites/all/files/Early%20intervention%20report.pdf
- Allen, G. (2011b) Early Intervention: Smart Investment, Massive Savings. HM Government: London
  https://www.gov.uk/government/publications/early-intervention-smart-investment-massive-savings
- Field, F. (2010) The Foundation Years: preventing poor children becoming poor adults. HM Government: London.
  http://webarchive.nationalarchives.gov.uk/20110120090141/http://povertyreview.independent.gov.uk/media/20254/poverty-report.pdf
- Health visitor implementation plan 2011-15: A call to action (DH, 2011)
  https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/213110/Health-visitor-implementation-plan.pdf
- The National Health Visitor Plan: progress to date and implementation 2013 onwards (DH, 2013)
  https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/208960/Implementing_the_Health_Visitor_Vision.pdf
- The Operating Framework for the NHS in England 2012/13 (DH, 2011)
  https://www.gov.uk/government/publications/the-operating-framework-for-the-nhs-inengland-2012-13
- Strategic and Operational Planning 2014 to 2019 (NHS England 2014)
  http://www.england.nhs.uk/ourwork/sop/

- NHS Outcomes Framework 2014 to 2015 (DH, 2013)
  https://www.gov.uk/government/publications/nhs-outcomes-framework-2014-to-2015
- Public Health Outcomes Framework 2013 to 2016 (DH, 2014)
  https://www.gov.uk/government/publications/healthy-lives-healthy-people-improving-outcomes-and-supporting-transparency
- The Marmot Review (2010) Strategic Review of Health Inequalities in England, post- 2010
  http://www.instituteofhealthequity.org/projects/fair-society-healthy-lives-the-marmotreview/fair-society-healthy-lives-full-report
- Dame Clare Tickell (2011) The Early Years: Foundations for life, health and learning – An Independent Report on the Early Years Foundation Stage to Her Majesty's Government
  http://www.education.gov.uk/tickellreview
- Hall D and Elliman D (2006) Health for All Children (revised 4th edition). Oxford: Oxford University Press.
  https://www.waterstones.com/book/health-for-all-children/david-m-b-hall/davidelliman/9780198570844 (Please note: this link opens to the bookstore for purchase of copies of this edition)
- Service vision for health visiting in England (CPHVA conference 20-22 October 2010)
  https://www.gov.uk/government/publications/service-vision-for-health-visiting-in-england-cphva-conference-20-22-october-2010
- Securing Excellence in Commissioning for the Healthy Child Programme 0 to 5 Years 2013 – 2015
  http://www.england.nhs.uk/wp-content/uploads/2013/08/comm-health-child-prog.pdf
- Equity and excellence: Liberating the NHS (DH, 2010)
  https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/213823/dh_117794.pdf
- Liberating the NHS: Legislative framework and next steps DH, 2011)
  https://www.gov.uk/government/publications/publication-of-liberating-the-nhs-legislative-framework-and-next-steps-and-the-2011-12-operating-framework
- Achieving equity and excellence for children. How liberating the NHS will help us meet the needs of children and young people (DH, 2010)
  https://www.gov.uk/government/publications/achieving-equity-and-excellence-for-children
- Getting it right for children and young people: Overcoming cultural barriers in the NHS so as to meet their needs (DH, 2010) https://www.gov.uk/government/publications/getting-it-right-for-children-and-young-people-overcoming-cultural-barriers-in-the-nhs-so-as-to-meet-their-needs
- Healthy lives, healthy people: our strategy for public health in England (DH, 2010) and Healthy lives, healthy people: update and way forward (DH, 2011)
  https://www.gov.uk/government/publications/healthy-lives-healthy-people-our-strategy-for-public-health-in-england
- Healthy lives, healthy people: a call to action on obesity in England (DH, 2011)
  https://www.gov.uk/government/publications/healthy-lives-healthy-people-a-call-to-action-on-obesity-in-england
- UK physical activity guidelines (DH, 2011)
  https://www.gov.uk/government/publications/uk-physical-activity-guidelines

- Working Together to Safeguard Children: A guide to interagency working to safeguard and promote the welfare of children (HM Government 2013)
  http://www.workingtogetheronline.co.uk/chapters/contents.html
- Fair Society, Healthy Lives. A strategic review of health inequalities in England post 2010 (The Marmot Review, 2010)
  http://www.instituteofhealthequity.org/
- The 1001 Critical Days: The importance of the conception to age 2 period. Wave Trust, 2013
  http://www.andrealeadsom.com/downloads/1001cdmanifesto.pdf
- Conception to Age 2: The Age of Opportunity. WAVE Trust and DfE
  http://www.wavetrust.org/our-work/publications/reports/conception-age-2-age-opportunity
- Annual Report of the Chief Medical Officer 2012. Our Children Deserve Better: Prevention Pays. Department of Health, 2013
  https://www.gov.uk/government/publications/chief-medical-officers-annual-report-2012-our-children-deserve-better-prevention-pays
- UNICEF UK Baby Friendly Initiative
  http://www.unicef.org.uk/babyfriendly/
- Healthy beginnings: giving our children the best start in life, Local Government Association, 2015
  https://www.local.gov.uk/sites/default/files/documents/healthy-beginnings-giving-ff9.pdf

The evidence base and key policy documents include:

- Department of Health and No Health Without Mental Health: A Cross-Government Mental Health Outcomes Strategy for People of All Ages (2011) HM Government
https://www.gov.uk/government/publications/no-health-without-mental-health-a-cross-government-mental-health-outcomes-strategy-for-people-of-all-ages-a-call-to-action
- Managing complex health needs in schools and early years settings (DfES, 2005)
http://www.amazon.co.uk/Including-Me-Managing-Complex-Settings/dp/1904787606
(Please note: this link opens to the bookstore for purchase of copies of this edition).
- Department of Health (2014) Annual National Child Measurement Programme Guidelines
https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/624945/PHE_National_Child_Measurement_Programme_analysis_guidance_2017.pdf
- Department of Health (2014) Maximising the school nursing team contribution to the public health of school-age Children – guidance to support the commissioning of public health provision for school-age Children 5-19
https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/303769/Service_specifications.pdf
- Department of Education (2014) Supporting pupils at school with medical conditions. Statutory guidance for governing bodies of maintained schools and proprietors of academies in England
https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/306952/Statutory_guidance_on_supporting_pupils_at_school_with_medical_conditions.pdf
- Department of Education and Health (2014) Guidance on the special educational needs and disability (SEND) system for Children and Young People age 0 to 25, from 1 September 2014
https://www.gov.uk/government/publications/send-code-of-practice-0-to-25
- Department of Health (2012) The Children and Young People's Health Outcomes Strategy
https://www.gov.uk/government/publications/independent-experts-set-out-recommendations-to-improve-children-and-young-people-s-health-results
- Department of Health (2012) Improving outcomes and supporting transparency, Part 1: A public health outcomes framework for England, 2013-2016
https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/263658/2901502_PHOF_Improving_Outcomes_PT1A_v1_1.pdf
- Department of Health (2014) Improving outcomes and supporting transparency, Part 2: Summary technical specifications of public health indicators)
https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/382115/PHOF_Part_2_Technical_Specifications_Autumn_2014_refresh_02.12.2014_FINAL.pdf
- Department of Health (2011) Healthy lives, healthy people: our strategy for public health in England
https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/216096/dh_127424.pdf
- Department of Health (2011) Healthy lives, healthy people: update and way forward (DH, 2011)
https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/216142/dh_129334.pdf
- Department of Health (2011) You're welcome: quality criteria for Young People friendly health services

https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/216350/dh_127632.pdf

- Department of Health (2010) Achieving equity and excellence for Children. How liberating the NHS will help us meet the needs of Children and Young People
https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/216652/dh_119490.pdf

- Department of Health (2010) Equity and excellence: Liberating the NHS and Liberating the NHS: Legislative framework and next steps
https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/213823/dh_117794.pdf

- Department of Health (2009) Healthy Child Programme – 5-19 years (amended August 2010)
http://webarchive.nationalarchives.gov.uk/20130124052028/http://www.dh.gov.uk/prod_consum_dh/groups/dh_digitalassets/documents/digitalasset/dh_108866.pdf

- Department of Health (2009) Healthy Child Programme – The two year review
https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/377800/dh_108329.pdf

- Children's Act 2004
 http://www.legislation.gov.uk/ukpga/2014/6/contents/enacted

- The RCN's UK position on school nursing (February 2012)
https://my.rcn.org.uk/__data/assets/pdf_file/0004/433282/School_nursing_position_statement_V5FINAL.pdf

- The School Health Service: briefing for local council members
https://www.gov.uk/government/publications/school-health-service-briefing-for-local-council-members

- Field, F. (2010) The Foundation Years: preventing poor Children becoming poor adults. HM Government: London
http://webarchive.nationalarchives.gov.uk/20110120090141/http://povertyreview.independent.gov.uk/media/20254/poverty-report.pdf

- UK physical activity guidelines (DH, 2011)
https://www.gov.uk/government/publications/uk-physical-activity-guidelines

- Reaching Out: Think Family Analysis and themes from the families at Risk review (Social Exclusion Task Force, 2007)
http://www.chimat.org.uk/resource/item.aspx?RID=86188

- Delivering better oral health: An evidence based toolkit for prevention (PHE 2014)
https://www.gov.uk/government/publications/delivering-better-oral-health-an-evidence-based-toolkit-for-prevention

- Local authorities improving oral health: commissioning better oral health for children and young people: An evidence-informed toolkit for local authorities. (PHE, 2014)
https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/321503/CBOHMaindocumentJUNE2014.pdf

- Oral health: approaches for local authorities and their partners to improve the oral health of their communities. (NICE, 2014)
http://www.nice.org.uk/guidance/ph55/resources/guidance-oral-health-approachesfor-local-authorities-and-their-partners-to-improve-the-oral-health-of-theircommunities-pdf

- Oral health promotion: general dental practice, (NICE, 2015)
  https://www.nice.org.uk/guidance/ng30
- National Healthy Schools Programme; Developing the Evidence Base: Warwick, Mooney and Oliver - Thomas Coram Research Unit, 2009
  http://eprints.ioe.ac.uk/4195/1/Warwick2009HlthySchlEvBase_FinRep.pdf
- Reducing unintentional injuries in and around the home among children under five years (PHE, 2014)
  https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/322210/Reducing_unintentional_injuries_in_and_around_the_home_among_children_under_five_years.pdf
- Reducing unintentional injuries on the roads among children and young people under 25 years (PHE, 2014)
  https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/322212/Reducing_unintentional_injuries_on_the_roads_among_children_and_young_people_under_25_years.pdf
- Early Years High Impact Areas (2014)
  https://www.gov.uk/government/publications/commissioning-of-public-health-services-for-children
    - Early Years High Impact Area 1 – transition to parenthood and the early weeks
      https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/563915/Early_years_high_impact_area1_transition_to_parenthood.pdf
    - Early Years High Impact Area 2 – maternal (perinatal) mental health
      https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/563917/Early_years_high_impact_area2_maternal_mental_health.pdf
    - Early Years High Impact Area 3 – breastfeeding (initiation and duration)
      https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/563921/Early_years_high_impact_area3_breastfeeding.pdf
    - Early Years High Impact Area 4 – healthy weight, healthy nutrition (to include physical activity)
      https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/563922/Early_years_high_impact_area4_healthy_weight_healthy_nutrition.pdf
    - Early Years High Impact Area 5 – managing minor illness and reducing accidents (reducing hospital attendance/admissions)
      https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/563925/Early_years_high_impact_area5_managing_minor_illness.pdf
    - Early Years High Impact Area 6 – health, wellbeing and development of the child age 2 – two year old review (integrated review) and support to be 'ready for school'
      https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/563926/Early_years_high_impact_area6_health_and_wellbeing_at_2.pdf
- Public mental health leadership and workforce development framework: confidence, competence, commitment
  http://www.chimat.org.uk/resource/view.aspx?RID=233446&src=KU
- What works in promoting social and emotional well-being and responding to mental health problems in schools? Advice for schools and framework document
  http://www.chimat.org.uk/resource/view.aspx?RID=233515&src=KU

- Teacher guidance: preparing to teach about mental health and emotional wellbeing
  http://www.chimat.org.uk/resource/view.aspx?RID=234403&src=KU
- Personal, social, health and economic (PSHE) education: a review of impact and effective practice
  http://www.chimat.org.uk/resource/view.aspx?RID=233103&src=KU
- Helping school nurses to tackle child sexual exploitation
  http://www.chimat.org.uk/resource/view.aspx?RID=231911&src=KU
- The School Food Plan, Department for Education (2013)
  https://www.gov.uk/government/publications/the-school-food-plan
- Building resilience and character in young people: alcohol and drug prevention briefing paper
  http://www.chimat.org.uk/resource/view.aspx?RID=232036&src=KU
- Public Health England (2014) The Link between Pupil Health and Wellbeing and Attainment. A briefing for head teachers, governors and staff in education settings
  https://www.gov.uk/government/publications/promoting-the-health-and-wellbeing-oflooked-after-Children
- The FNP Information Pack
  http://www.fnp.nhs.uk/fnp-information-pack
- Screening and Immunisation service specifications
  https://www.gov.uk/government/publications/public-health-commissioning-in-the-nhs-2015-to-2016

Suite of Evidence based pathways and interventions

- Svanberg P O, Barlow J & TigbeW The Parent–Infant Interaction Observation Scale: reliability and validity of a screening tool. Journal of Reproductive and Infant Psychology, 2013: Volume 31, Issue 1, 2013
- Milford R, Oates J. Universal screening and early intervention for maternal mental health and attachment difficulties. Community Practitioner, 2009; 82(8)

Professional guidance and pathways

- Perinatal Mental Health for Health Visitors
  http://www.e-lfh.org.uk/programmes/perinatal-mental-health/
- Safeguarding children and young people: enhancing professional practice-working with children and families.
  http://media.dh.gov.uk/network/387/files/2012/11/SAFEGUARDING_ENHANCING-PROFESSIONAL-GUIDANCE.pdf
- Building community capacity
  http://www.e-lfh.org.uk/programmes/building-community-capacity/
- Healthy Child Programme: E-learning to optimise health
  http://www.e-lfh.org.uk/programmes/healthy-child-programme/
- Commissioning of public health services for children
  https://www.gov.uk/government/publications/commissioning-of-public-health-services-for-children
- National health visitor plan: progress and implementation
  https://www.gov.uk/government/publications/health-visitor-vision
- Midwifery services for improved health and wellbeing
  https://www.gov.uk/government/publications/midwifery-services-for-improved-health-and-wellbeing
- The midwifery public health contribution
  https://www.gov.uk/government/publications/the-midwifery-public-health-contribution
- Maternal mental health pathway aims to provide a structures approach
  https://www.gov.uk/government/news/maternal-mental-health-pathway-aims-to-provide-a-structured-approach
- Guidance for health professional on domestic violence
  https://www.gov.uk/government/publications/guidance-for-health-professionals-on-domestic-violence
- SAFER communication between health visitors and social care teams
  https://www.gov.uk/government/publications/safer-communications-bertween-health-visitors-and-social-care-teams
- Educating health visitors for a transformed service
  https://www.gov.uk/government/news/educating-health-visitors-for-a-transformed-service
- A health visiting career
  https://www.gov.uk/government/publications/a-health-visiting-career
- Health visiting programme: Early implementer sites case studies
  https://www.gov.uk/government/publications/health-visiting-programme-case-studies
- Healthy Child Programme: Pregnancy and the first five years of life
  https://www.gov.uk/government/publications/healthy-child-programme-pregnancy-and-the-first-5-years-of-life
- Framework for health visitor teaching
  https://www.gov.uk/government/publications/framework-for-health-visitor-teaching
- Personal and professional attributes for consideration as part of the recruitment and selection process into health visiting programmes
  https://www.gov.uk/government/publications/personal-and-professional-attributes-for-consideration-as-part-of-the-recruitment-and-selection-process-into-health-visiting-programmes

- Getting it right for children, young people and families
  https://www.gov.uk/government/publications/getting-it-right-for-children-young-people-and-families
- Supporting the health and wellbeing of military families
  https://www.gov.uk/government/publications/supporting-the-health-and-wellbeing-of-military-families
- Helping children to be safer, healthier and free of crime
  https://www.gov.uk/government/publications/helping-children-to-be-safer-healthier-and-free-of-crime
- NHS Careers School Nursing toolkit
  https://www.healthcareers.nhs.uk/explore-roles/public-health/school-nurse
- School nurse fact sheet: Health and social care professionals
  http://media.dh.gov.uk/network/387/files/2012/11/SNDP-Fact-sheet-HSCP.pdf
- School nurse fact sheet: Head teachers and governors
  http://media.dh.gov.uk/network/387/files/2012/11/Head-Teacher-Fact-Sheet.pdf
- Students starting secondary school urged to get to know their school nurse
  https://www.gov.uk/government/publications/students-starting-secondary-school-urged-to-get-to-know-their-school-nurse
- Health visitors and school nurses: Fact sheet for parents
  https://www.gov.uk/government/publications/health-visitors-and-school-nurses-factsheet-for-parents
- School nursing: Public health services
  https://www.gov.uk/government/publications/school-nursing-public-health-services
- School health service: Briefing for local council members
  https://www.gov.uk/government/publications/school-health-service-briefing-for-local-council-members
- Safeguarding children including a focus on prevention, early help, targeted support, early intervention and sharing of information
  https://www.gov.uk/government/publications/working-together-to-safeguard-children--2
- Post natal maternal mental health
  http://www.nice.org.uk/nicemedia/pdf/CG37NICEguideline.pdf
- Young parents including Family Nurse Partnership
  http://fnp.nhs.uk/
- Substance and alcohol misuse
  http://pathways.nice.org.uk/pathways/drug-misuse-prevention
  http://pathways.nice.org.uk/pathways/reducing-substance-misuse-amongvulnerable-children-and-young-people#path=view%3A/pathways/reducingsubstance-misuse-among-vulnerable-children-and-young-people/working-withvulnerable-and-disadvantaged-children-and-young-people.xml&content=view-index
- Domestic abuse
  http://www.nice.org.uk/nicemedia/live/12116/64783/64783.pdf
- Parental and infant perinatal mental health and early attachment For best practice see Tameside & Glossop Early Attachment Service
  https://www.stockport.nhs.uk/serviceview/96/early-attachment-service
- Parenting Programme Pathway (Social and Emotional Development) (Greater Manchester Public Service Reform Early Years Programme)

- Breastfeeding
  http://www.unicef.org.uk/BabyFriendly/Health-Professionals/going-baby-friendly/
- Nutrition and healthy weight including failure to thrive (NCMP and PHE via
  http://www.noo.org.uk)
- Children with additional needs and disabilities
  http://www.councilfordisabledchildren.org.uk/media/80488/pathways_to_success.pdf
- Transitions between midwifery, FNP and health visiting (DH)
  https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/465344/2903819_PHE_Midwifery_accessible.pdf
- Transition from health visiting to school nursing (DH)
  https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/216466/dh_133020.pdf
- Seldom heard communities including families with young children from traveller, asylum seeker and refugee communities and homeless families.
  http://www.scie.org.uk/publications/guides/guide37-good-practice-in-social-care-with-refugees-and-asylum-seekers/
- Families with complex and multiple needs including 'troubled families':
  https://www.gov.uk/government/publications/troubled-families-supporting-health-needs
- Nurse Prescribing guidance:
  http://www.nmcuk.org/Documents/Circulars/2009circulars/NMC%20Circular%2002_2009%20Annexe%201.pdf
- School Nursing and health visiting partnership- pathways for supporting children and their families.
  https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/465412/2903820_PHE_School_Nursing_Accessible.pdf
- School nursing development Programme: maximizing the support for children with complex and or additional health needs.
  http://www.middlesbrough.gov.uk/CHttpHandler.ashx?id=6797&p=0
- Emotional and Health and wellbeing pathway
  https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/299268/Emotional_Health_and_Wellbeing_pathway_Interactive_FINAL.pdf
- Developing strong relationships and supporting positive sexual health
  https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/299269/Sexual_Health_Pathway_Interactive_FINAL.pdf
- Helping School Nurses to tackle child sexual exploitation
  https://www.gov.uk/government/publications/helping-school-nurses-to-tackle-child-sexual-exploitation
- School Nurse Champions
  http://www.cyp1.org.uk/userfiles/file/School%20Nurse%20Champions.pdf
- Safeguarding children including a focus on prevention, early help, targeted support, early intervention and sharing information
  https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/592101/Working_Together_to_Safeguard_Children_20170213.pdf
- Improving outcomes for children and families in the early years
  https://www.local.gov.uk/sites/default/files/documents/improving-outcomes-childr-bf1.pdf

- The 1001 critical days
  http://www.frankfield.co.uk/upload/docs/1001%20Critical%20Days%20Manifesto.pdf
- Conception to age 2 – the age of opportunity
  http://www.wavetrust.org/sites/default/files/reports/conception-to-age-2-full-report_0.pdf
- A preventative and integrated approach to early child development: next steps
  https://www.wavetrust.org/sites/default/files/reports/A_preventive_and_integrated_approach_to_early_child_development_Next_Steps_0.pdf
- A preventative and integrated approach to early child development: what's missing?
  http://www.wavetrust.org/sites/default/files/reports/A_preventive_and_integrated_approach_to_early_child_development_What%27s_Missing_0.pdf
- Family hubs: the future of Children's Centres
  http://cdn.basw.co.uk/upload/basw_82938-8.pdf
- Parenting, attachment and a secure base for children
  https://www.suttontrust.com/wp-content/uploads/2014/03/baby-bonds-final.pdf
- The impact of children's centres: studying the effects of children's centres in promoting better outcomes for young children and their families
  https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/485346/DFE-RR495_Evaluation_of_children_s_centres_in_England__the_impact_of_children_s_centres.pdf
- A review of integrated systems and promising practice in the early years – Executive summary
  http://www.eif.org.uk/wp-content/uploads/2015/08/Getting-it-Right-Overview.pdf
- A review of integrated systems and promising practice in the early years – Full report
  http://www.eif.org.uk/wp-content/uploads/2014/11/GETTING-IT-RIGHT-FULL-REPORT.pdf
- Bridging the gap between evidence and policy in early years education
  http://www.nuffieldfoundation.org/sites/default/files/files/early_developments_August2013_11073_11073.pdf
- Bright futures: local children, local approaches
  http://cdn.basw.co.uk/upload/basw_91558-6.pdf
- Measuring what matters: a guide for children's centres
  http://cdn.basw.co.uk/upload/basw_12550-1.pdf
- A review of the research evidence on quality of early childhood education and care for children under three
  https://www.suttontrust.com/wp-content/uploads/2014/01/1sound-foundations-jan2014-3-1.pdf
- Drug misuse and dependence, UK guidelines on clinical management, 2017
  https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/628634/clinical_guidelines_2017.pdf
- Practice standards for young people with substance misuse problems, 2012
  http://www.rcpsych.ac.uk/pdf/Practice%20standards%20for%20young%20people%20with%20substance%20misuse%20problems.pdf

- 2017 Drug Strategy
https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/628148/Drug_strategy_2017.PDF

Key NICE public health guidance includes:

- **PH3**:Prevention of sexually transmitted infections and under 18 conceptions (February 2007)
- **PH4**: Interventions to reduce substance misuse amongst vulnerable young people (March 2007)
- **PH6**: Behaviour change at population, community and individual level (Oct 2007)
- **PH7**: School based interventions on alcohol (November 2007)
- **PH8**: Physical activity and the environment (January 2008)
- **PH9**: Community engagement (July 2010)
- **PH11**: Maternal and child nutrition (March 2008)
- **PH12**: Social and emotional wellbeing in primary education (March 2008)
- **PH14**: Preventing the uptake of smoking by children and young people (July 2008)
- **PH17**: Promoting physical activity for children and young people (Jan 2009)
- **PH20**: Social and emotional wellbeing in secondary education (September 2009)
- **PH21**: Differences in uptake in immunisations (Sept 2009)
- **PH23**: School based interventions to prevent smoking (February 2010)
- **PH27**: Weight management before, during and after pregnancy
- **PH28**: Looked-after children and young people: Promoting the quality of life of looked-after children and young people (October 2010)
- **PH29**: Strategies to prevent unintentional injuries among children and young people aged under 15 (November 2010)
- **PH30**: Preventing unintentional injuries among under-15s in the home (Nov 2012)
- **PH31**: Preventing unintentional road injuries among under-15s: road design (Nov 2010)
- **PH40**: Social and emotional wellbeing: early years
- **PH41**: Walking and cycling (November 2012)
- **PH42**: Obesity – working with local communities (November 2012)
- **PH47**: Managing overweight and obesity among children and young people (Oct 2013)
- **PH51**: Contraceptive services with a focus on young people up to 25
- **QS31**: Health and wellbeing of looked-after children and young people: NICE support for commissioning (April 2013)
- **QS94**: Obesity in children and young people: prevention and lifestyle weight management programmes
- **CG89**: When to Suspect Child Maltreatment (July 2009)
- **Evidence update 29**: Strategies to prevent unintentional injury among children and young people aged under 15 (March 2013)
- **Improving Young People's Health and Wellbeing -a framework for public health - PHE 2014**
- **Transition from children's to adults' services for young people using health or social care services – NICE February 2016**

Guidance in development:
- Early years: promoting health and wellbeing
  https://www.nice.org.uk/guidance/qs128
- Faltering growth: recognition and management of faltering growth in children (due to be published in October 2017)

Independent advocacy for children and young people in care:

 Helping Children get the Care Experience they need – Children's Commissioner May 2016
https://www.childrenscommissioner.gov.uk/publication/independent-advocacy-for-children-and-young-people-in-care/

Young people's views on complaints and advocacy – Children's Rights Director for England –Ofsted 2012

Advocacy Services for Children and Young People – a guide for commissioners - The Children's Society
https://www.childrenssociety.org.uk/sites/default/files/tcs/advocacy_guide_-_final_lo_res.pdf
Independent Visitors (date unknown)

Independent Visitors

Quality standards for the provision of an Independent Visitor service – Barnardos January 2016
http://www.barnardos.org.uk/resources/research_and_publications/national-independent-visitor-standards/publication-view.jsp?pid=PUB-2821

Return Home Interviews

Statutory guidance on children who run away or go missing from home or care - Dept of Education January 2014
https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/307867/Statutory_Guidance_-_Missing_from_care__3_.pdf