

## **Dorset Transforming Care Partnership**

### **Principles for Person Centred Practice for People with Learning Disabilities and/or Autism across Bournemouth, Christchurch, Poole and Dorset**

1. Put the person at the centre
2. Give the person choice and control over their life and support them to be a valued part of their community (Citizenship)
3. Ensure the person is respected, listened to and their rights upheld, foster mutual support between the person and those that support them
4. Sign up and adhere to the Pan-Dorset Bill of Rights Charter for people with learning disabilities
5. Ensure the person's voice is heard, no matter how they communicate
6. Use an outcome focused approach, enabling the person to achieve their own goals
7. Focus on the person's strengths/gifts, then build on these to enable them to achieve their goals
8. Support planning is tailored to each person's unique needs and wishes, is fully accessible and is ever evolving
9. Include people who know the person best, (circle of support), including independent advocates where required, to help plan support and recognise the contribution families can provide as experts
10. A life not a service – Start with the resources already available within the person's life and wider community and then identify where support is needed to bridge any gaps
11. Planning for the future to start as early as possible
12. Involve the person and their family in choosing who supports them and always seek to match people with the right support staff
13. Work together to support the person when things are tough, to take positive risks, to understand their responsibilities and the consequences for their actions
14. Open and honest - Celebrate together when things go right, learn together when things go wrong and work together to find solutions
15. Have a shared commitment to 'one person, one plan, one review'
16. Aspire to bring funding together to achieve all outcomes