**UID4762 Tameside Health Improvement Service**

**Introduction**

The current wellbeing service, Be Well, supports people in Tameside to improve their health. It is a community offer aimed at preventing ill health through support to individuals, organisations and communities. Be Well offers a number of services including:

* + A wellbeing service covering stopping smoking, weight management, diet, sleep and stress management;
  + Healthchecks in the community;
  + Community engagement;
  + Health improvement campaigns;
  + Workforce development and training on how to give health improvement advice;
  + Oral health improvement work with settings for children and adults.

Be Well has continued to give support to Tameside residents throughout the covid-19 pandemic, and has been working in different ways to make sure people have access to the service, while staying safe. This has meant that face-to-face services have been replaced with telephone and virtual appointments, so that support can continue.

The Health Improvement contract comes to an end in April 2022. We are planning to recommission health improvement services to replace Be Well, and want to make sure that we focus on the right things for Tameside. We are planning on commissioning two new services: Smoking Cessation and Community Wellness, which will focus on healthy weight and community NHS Health Checks. The services will also direct people to other existing services for things like sleep and stress management, to avoid duplication and to make sure people get to the right place for help.

In November 2020, the council’s spending review identified Health Improvement Services, along with a number of other front line services, for a 20% saving against the budget allocated for the Smoking Cessation and Healthy Weight components of Health Improvement services. The savings required amount to a reduction in the budget of £185,800 leaving £906,200 available to commission the new services. This will require the Council to carry out a full service re-design to ensure that the best use is made of the revised budget.

Proposed changes to the Health Improvement Services consist of:

**Smoking Cessation Service:**

* The new service is likely to see fewer people face to face, and will continue to make more use of telephone appointments and other virtual ways of providing support, as well as a few face to face appointments where needed
* It is probable that some reduction in activity will be inevitable. This is likely to mean that fewer community engagement activities can take place, so fewer people are encouraged to take up the stop smoking offer.
* We still want to ensure that everybody in Tameside who wants to stop smoking is supported to do so through a specialist, high-quality service.
* We still want to make sure that people at the highest risk of ill health in Tameside are our top priority, to reduce health inequalities for our residents.

**Community Wellness Service:**

* This new service is likely to look very different to the current offer. We are planning to work with the successful provider and with local people to develop a high-quality offer for the residents of Tameside.
* To get the biggest impact, we are planning on moving away from one-to-one services for healthy eating and healthy weight. We want the new service to work closely with communities, organisations and small groups of people to enable behaviour change across communities.
* We want to make sure that this service is something that everyone can benefit from and use, but that it has a big focus on those communities in greatest need, working with local residents to help them make positive changes in their lives.