

DRAFT SERVICE SPECIFICATION

For the provision of:

Respite and short break services for younger people (aged 18-25) with a learning disability. (YPLD)

Introduction:

Respite and short breaks are a key component in the delivery of quality, sustainable services to people with a learning disability and their families in Sutton. Such breaks provide individuals and carers with time away to refresh, experience new types of support and opportunities to experience greater levels of independence, choice and provide carers with the opportunity to have a break from caring tasks. Respite / short breaks can be planned and provide appropriate and tailored support at a time of crisis and range from 24 hours to a number of weeks.

Respite and short breaks can take place in a range of settings and may include:

- Respite into own home
- Bed based setting - registered care or a supported living environment
- In a family / domestic setting.
- Support to access and participate in universal and community support solutions (social inclusion).

Service objectives:

The provision of services will seek to:

- Improve wellbeing and health
- increase individual Choice and control
- Seek to improve levels of independence
- Support a flexible use of resources
- Support the achievement of individual outcomes
- Support the sustainability of current care and support arrangements
- Reduce and delay the need for higher levels of care and support.

The cohort

This specification is for younger adults aged between 18-25 who have a learning disability, some of whom also have additional needs and require a modified environment.

For all younger adults this is a time for seeking increased independence and choice in their lives and contemplating life ahead which may include living independently for the first time. It is important that services recognise and support people in their journey through and into adulthood.

Younger adults in Sutton with a learning disability have varied needs and ambitions and it is important that our respite offer reflects this diversity and recognises that for many people the bulk of care and support is provided by family members in the family home.

We do have a number of young people who require additional support around health related needs such as , Epilepsy, PEG regime, manual handling, suctioning and those who require specialist, active, support in order to manage presenting challenges.

Respite and short breaks are valued by those that use them and their families, not only for the support provided but through the flexibility in provision.

Analysis:

We are eager to look forward to ensure that our services are reflective of people's needs and aspirations. Currently we have 39 younger people accessing overnight support. 572 nights of support are provided either in a specialist accommodation or overnight at home.

Some people have periods of intensive respite support - an example being 7 nights a week for a number of weeks. We also have 117 younger people accessing overnight support through short breaks. We have 50 people utilising Direct Payments.

Criteria for support

Social Integration	70.9%
Family resilience	15.4%
Independence	8.5%
Behaviour which challenges	3.4%
Complex needs	1.7%

The Lots:

Lot 1: Bed based respite and short breaks

Lot 2: 'in-reach' respite - into own/ family / carers home

Standards:

Service providers shall be expected to comply with all relevant regulatory requirements and will have a form of quality assurance informed by people who use the services, accessible to the Council upon request.

Pricing:

Flexible and responsive respite and short breaks require a similar approach in pricing. Pricing will also need to reflect the resources required in terms of staffing and setting. We have also identified a diversity of needs above and are open to fee enhancement where for example, service users have significant additional support needs.

Desirable:

A number of young people are being supported using a delivery method in Training in Systematic Instruction (TSI) and as such, it would be desirable if a provider had specific training in this area in order to build upon a young person's existing learning.