

**Care and Support Framework for Adults with a Learning
Disability and/or Autism across Bournemouth,
Christchurch and Poole**

2019-2024

Service Schedule Part 2 – Lot 3

**Individuals with Behaviours that Challenge Services,
Mental Health and Autism**

Service Schedule Part 2 – Lot 3 - Individuals with Behaviours that Challenge Services, Mental Health and Autism

1.0 Introduction

- 1.1 This service schedule describes the needs of individuals that will be managed under Lot 3.
- 1.2 In addition it sets out the requirements for Lot 3 Providers.
- 1.3 Lot 3 Providers need to have past experience in supporting people with these needs.

2.0 Client Group

- 2.1 As per Section 4 of Service Schedule Part 1 – Overarching Service Specification.
- 2.2 Individuals requiring support in Lot 3 do require the specialist skills of a learning disability and/or autism provider to meet their care and support needs.
- 2.3 Consequently, they may present with a range of needs related to their learning disability and/or autism. They may also present requiring additional support relating to other long term conditions, poor mental health, or social needs, as might any member of the general population.
- 2.4 In addition, individuals will most likely fall under the following four key cohorts adapted from the national Transforming Care Service Model for Commissioners of Health and Care Services (2015):
 - 2.4.1 Young people or adults with a learning disability and/or autism who have a mental health condition such as severe anxiety, depression, or a psychotic illness, and those with personality disorders, which may result in them displaying behaviour that challenges.
 - 2.4.2 Young people or adults with an (often severe) learning disability and/or autism who display self-injurious or aggressive behaviour, not related to severe mental ill health, some of whom will have a specific neuro-developmental syndrome and where there may be an increased likelihood of developing behaviour that challenges.
 - 2.4.3 Young people or adults with a learning disability and/or autism who display risky behaviours which may put themselves or others at risk and which could lead to contact with the criminal justice system (this could include things like fire-setting, abusive or aggressive or sexually inappropriate behaviour).

- 2.4.4 Adults with a learning disability and/or autism who have a mental health condition or display behaviour that challenges who have been in hospital settings for a very long period of time, having not been discharged when NHS campuses or long-stay hospitals were closed.

3.0 Service Requirements

3.1 General Service Requirements

- 3.1.1 Lot 3 Providers must meet the requirements set out in Schedule 1 – Overarching Service Specification.

3.2 Lot 3 Specific Service Requirements

- 3.2.1 Providers will ideally be accredited with the Positive Behavioural Support (PBS) Coalition UK and adhere to the associated competency framework, (Appendix 9).
- 3.2.2 If not, Providers will demonstrate an equitable level of service delivery in relation to delivering a Positive Behavioural Support approach.
- 3.2.3 Staff will be trained and competent in supporting Individuals who have additional Mental Health needs including an awareness of medication and signs and symptoms of mental health decline. Training should be in line with Learning Disabilities Core Skills education and Training Framework 2016.
- 3.2.4 Providers will work with local MH services to ensure people with a learning disability and/or autism who have additional MH needs, can access universal services as appropriate.
- 3.2.5 Staff will be trained and competent in supporting Individuals who have autism, in particular Individual's whose autism means an increased likelihood that their behaviours challenge services. Training should be in line with Learning Disabilities Core Skills education and Training Framework 2016.
- 3.2.6 Staff will be trained and competent in assessing, administering, recording and reporting the use of PRN medication to support medication management.
- 3.2.7 Managers will provide enhanced oversight to ensure quality of care meets additional needs.