 **Support Plan – Example for illustrative purposes**

The purpose of this appendix is to provide an example of the Outcomes Plan that will be given to the provider with a new care package. This is an example but providers should note that the template may change prior to commencement of the contract.

|  |  |
| --- | --- |
| **Service User Name:** | Emily Smith |
| **Address:** | Stapleton, Bristol |

**Background**

Emily is a 79 year old woman who lives alone in the Stapleton area of Bristol. Emily has been independent with all her care and support needs up until the 21st March 2016 when she fell at home and was admitted to hospital with a broken her hip. She lacks confidence to return home and is worried about how she will manage.

Emily and her social worker have completed a person centred support plan for her discharge home. Emily and her social worker feel that there is no reason why with support Emily will not be able to return to a good level of independence once her hip has healed. Therefore the Home care provider will need to take a re-ablement approach to Emily’s care and support needs.

Re-ablement approach (Maximising Independence outcome) to Emily’s care and support needs.

|  |  |
| --- | --- |
| **Maximising Independence/ Re-ablement Approach** | X |
| **Maintenance Approach** |  |
| **Anticipated date of achievement of outcomes** | 6 weeks, 02/05/2016 |
| **Anticipated impact of achievement of outcomes** | Reduction to 3.5 hours per week (30 minutes a day) |

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**Needs and Outcomes**

|  |  |  |
| --- | --- | --- |
|  | Domain | Maximising independence in my environment - my home and domestic routines |
| Details of SupportHow to Achieve | Home care agency to work with Emily to identify and access possible activities in her local community thatEmily may be interested in pursuing.Home care workers to spend 4 hours each week with helping Emily to identify possible social activities, support her to attend the activities and arrange transportation. The overall aim is to enable Emily to attend these activities independently within a 6-8 week timeframe.Meeting personal care needs |
| Details of SupportHow to Achieve | Emily needs assistance with personal care tasks. She will require assistance with dressing and washing. It is envisaged that she will be more independent in 6-8 weeks.Home care workers will need to work with Emily under a re-ablement approach each morning and evening to ensure her personal care outcomes are met. These outcomes are set as Maximising Independence.Home care workers will support Emily as she regains independence over the next 6-8 weeks. |

The indicative personal budget is an approximate figure that can be adjusted both upwards and downwards. It is designed not to be a fixed amount, so that it can be adjusted to ensure that a person's eligible needs can be met from the final personal budget.

**Method chosen to manage budget**

MANAGED BUDGET

Why Direct Payment has not been offered:

SM EXCEPTION GIVEN

**Direct Payments Further Details** Support Costs

Support Level:

Employment support is not being provided

Support Costs Start Date:

Direct Payment agreement has not been signed

Weekly Contribution:

Total

£0.00

**Direct Payments Support Options**

Option Provider Start Date End Date

Start Up: Ongoing:

**Expenditure Agreement**

**Service/Provision**

**Description of service**

Home care to support Emily Home care workers will need to support Emily each morning and evening to ensure her personal care needs and outcomes are met. Home care workers will provided as much support as required to Emily over the next 6-8 weeks to ensure she regains as much independence as possible to meet her outcomes in the desired timescales of 6-8 weeks.

**Weekly Schedule**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| DAY | Start time | Duration (Mins) | Frequency | No. of care workers |
| Monday | 8:00 – 9.00 | 90 | Weekly | 1 |
| Tuesday | 8:00 – 9.00 | 90 | Weekly | 1 |
| Wednesday | 8:00 – 9.00 | 90 | Weekly | 1 |
| Thursday | 8:00 – 9.00 | 90 | Weekly | 1 |
| Friday | 8:00 – 9.00 | 90 | Weekly | 1 |
| Saturday | 8:00 – 9.00 | 90 | Weekly | 1 |
| Sunday | 8:00 – 9.00 | 90 | Weekly | 1 |

**Provider** Fakehomecare

**Main Contact No:**

0117 123456

Self Directed Support Plan

**Service/Provision**

X Y

Maximising emotional Health and Wellbeing

**Description of service**

Home care agency to work with Emily to identify and access possible activities in her local community that

Emily may be interested in pursuing.

**Weekly Schedule**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| DAY | Start time | Duration: Hrs and mins | Frequency | No. of carers |
| Monday | 10:00 | 4:00 | Weekly | 1 |
| Tuesday |  |  |  |  |
| Wednesday |  |  |  |  |
| Thursday |  |  |  |  |
| Friday |  |  |  |  |
| Saturday |  |  |  |  |
| Sunday |  |  |  |  |

**Provider FAKEHOMECARE 1 Main Contact No: 0117 123456**