



System Networking and Model Launch Event

Date: Tuesday 30th April 2024 10am – 12.30pm

Location: Quaker Meeting House, 22 School Lane, Liverpool, L1 3BT

Aimed at: All potential service providers and wider system stakeholders - networking.

We are transforming and redesigning healthy weight services in Liverpool.

This is an exciting time for us, one where we hope to make a significant difference across our population and reduce excess weight prevalence. Liverpool City Council's Public Health Team would like to invite expert providers to come and speak to us about your experiences delivering Tier 1 and Tier 2 healthy weight services. Your views will enable us to further inform the specification for this new weight management offer for Liverpool residents.

Background

This service will play a vital role in a whole systems approach and link to and support other interventions detailed within our Liverpool Healthy Weight Strategy and Whole Systems Plan. We also signed the Healthy Weight Declaration (HwD) with partners in 2018, and plan to refresh this during 2024-25 to state further intent that action is needed around wider food environment including, access to healthy food, advertising exposure, vending, schools and more. We also have an ambitious 'Good Food' Plan that aims to ensure everyone has access to healthy, nutritious food across the city.

Current need

Our transformation plans for healthy weight services include commissioning a new Tier 1 / 2, early intervention and prevention focused service. Currently over half the adults in Liverpool have excess weight (63%), and one in four children are starting school overweight or obese. This progresses to one in three children age 11 being overweight or obese (Year 6 age). Liverpool faces significant challenges in relation to the health of its residents.

Future needs

Our recent Liverpool State of Health 2040 report shows that unless we act now, then we face the unacceptable outcome that over 15,000 children will be overweight or obese by 2040 (<https://liverpool.gov.uk/council/public-health-liverpool/state-of-health-in-the-city/>). The report projects



what we are likely to see by 2040 in relation to the burden of ill-health if major intervention does not happen. The report states that unless changes are made, the city's residents are likely to face spending **more than a quarter** of their life (26.1%) in ill health. A fall in women's life expectancy is expected (by one year) and a fall in women's healthy life expectancy is predicted, by four years.

In addition, we will see double the number of adults experiencing depression, with the most common issues in children related to mental health, obesity and child poverty. Poverty and education are major causal factors in excess weight. The report predicted an increase of up to **38,000 more people living with major illness**, defined as at least two long-term conditions such as high blood pressure, cancer, diabetes, asthma and chronic kidney disease.

This new offer will allow Liverpool City Council to provide effective behaviour change interventions and nutritional advice to a wide range of residents (an estimated 12,338 children 4-11 years old have excess weight, and 144,862 residents 16+), plus deliver a school focused offer and a public health capacity building programme.

You are invited to this launch of our new healthy weight service specification and model via a networking event to hear the outline specification and proposals for this new service. There will be the opportunity to speak with other leads across the system and influence adjustments to the specification and model prior to it being advertised on the procurement portal.

The session will be led by Liverpool Public Health – leads:

- Melisa Campbell (Associate Director Public Health)
- James Woolgar (Advanced Public Health Practitioner)
- Liz Fisher (Senior Public Health Practitioner)

The agenda will consist of:

- Rationale for new service and plans
- Specification detail
- Presentation from leisure services leads
- Feedback from behavioural insight work undertaken locally
- Key timelines
- Q&A

Providers only - Please outline your interest and book via the chest portal.

A maximum of 2 people per company to attend due to capacity.